

Three glorious days in the Pacuare River region with rafting, an Eco-Lodge stay, and rainforest exploration.

The Pacuare 3 Day trip offers all the whitewater action of the famous Pacuare rafting adventure, with two nights and an extra day at our unique, remote Rainforest Lodge, overlooking the river.

The Pacuare River is rated one of the top rivers in the world for a host of reasons. You'll get to explore the intimate nature of the rainforest from the river perspective. The warm water, cascading waterfalls, and opulently lush rainforest with its brilliantly colored plants, animals, and birds make this trip exquisite for your senses. Add in the exciting Class III -IV whitewater rapids and you have a tropical adventure packed with rich experiences that last long after you've returned home.

Our multi-day trips treat you to an exceptional adventure vacation experience combining rafting on the Pacuare with a stay at our remote eco-lodge, tucked in the rainforest on the banks of the river. Our Rios Tropicales Lodge, complete with electricity and hot showers thanks to our hydro-powered generator system, is a model of eco-tourism and sustainable business practices. Our lodge invites you to relax, explore, and enjoy Costa Rica's natural paradise. Its all quality time - your way - at its very best. The longer you stay, the more refreshed you return to your daily routine - we guarantee it!

From our lodge you can choose to experience zip lines through the canopy, rainforest hikes with naturalist guides, tours to our reforestation project and tree-planting, horseback riding to a local community with tours of their sustainable farming and conservation practices, relaxing in a hammock overlooking the warm Pacuare River, reading your favorite book, bird watching, or sustainable development insights. The best whitewater of the trip awaits you below the Rios Tropicales Lodge. From our eco-lodge setting, we offer tropical cocktails every afternoon at 5, open air dining with wine and exceptional meals, more stars than you can imagine, and the vibrant sounds of the jungle.

Included: • Professional bilingual guides

- Rafting equipment (paddle, helmet, PFD)
- Meals two days except dinner on the last day
- Breakfast pre-trip and hot lunch post-trip at our Cairo Operations Center
- Spacious, spotlessly clean changing rooms with showers
- Private room lodging at Rios Tropicales Lodge. Electricity, hot showers, riverside dining, and more.
- Canopy Tours on zip lines
- Guided Hikes

Difficulty: Moderate. Class III-IV Rapids

- Class III Rapids: include high irregular waves; narrow passages that often require complex maneuvering.
- Class IV Rapids: Include long, difficult rapids with constricted passages that often require precise maneuvering in turbulent waters.

Who Can Go?: • Minimum age:14-years-old. Please contact for options for younger kids.

- Participants should be in normal health and physical condition.
- Some rafting experience is recommended.

Recommended Gear: This list represents what you will need on the river. Space on the raft is limited. Therefore, it is important not to bring anything extra. Equipment -The Ríos Tropicales Lodge offers all the sleeping comfort you would need, private rooms, mattresses, sheets, pillows and blankets are provided.

- River Wear Rubber soled shoes (tennis or similar) •Shorts
- T-Shirt or a Swimsuit
- Windbreaker (Optional)
- Sunscreen Lotion (Optional)
- Sun Hat or Bandana (Optional)
- Personal Toothpaste and toothbrush
- Personal medications
- Long light pants
- Shoes (2 pairs, one to get wet and one dry)
- Long sleeved shirt
- Sweater or Sweat shirt
- Towel
- Socks (1 pair)
- Insect repellent (1)

Notes

1. You can always leave your extra gear in the bus or at your hotel.